

# March 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
Short Sprints 2 7:30 – 9pm Josh	Mid Distance 3 7:30 – 9pm Michael	4	Free & IM 5 7:30 – 9pm Scott	Distance Free 6 7:30 – 9pm Scott	7	8
Back & Free 9 7:30 – 9pm Josh	Short Sprints 10 7:30 – 9pm Michael	11	Mid Distance 12 7:30 – 9pm Jackson	Free & IM 13 7:30 – 9pm Scott	14	15
Distance Free 16 7:30 – 9pm Josh	Breast & Free 17 7:30 – 9pm Michael	18	Short Sprints 19 7:30 – 9pm Scott	Mid Distance 20 7:30 – 9pm Scott	21	22
Free & IM 23 7:30 – 9pm Josh	Distance Free 24 7:30 – 9pm Michael	25	Fly & Free 26 7:30 – 9pm Jackson	Short Sprints 27 7:30 – 9pm Scott	28	29
Mid Distance 30 7:30 – 9pm Josh	Free & IM 31 7:30 – 9pm Michael					

## REMINDER

USMS memberships expired 12.31.19. Make sure you have renewed your USMS membership for 2020 **before** attending practice.